# Do you know...

- There are approximately 1.2 crore blind people in India.
- Of these around 20 lakh corneally blind are in need of corneal transplantation.
- As against an annual requirement of 75,000 to 1,00,000 corneas, only 22,000 corneas are donated in India at present.

# What is corneal blindness?

Cornea, the main focussing part of the eye, is the clear front surface of the eye. Like a "window", it allows light to enter the eye. Vision could be markedly reduced or lost if the cornea becomes "cloudy" or scarred. This condition is known as corneal blindness.

# What are the causes of corneal blindness?

Injuries to the eye, birth defects, malnutrition, infections, chemical burns, congenital disorders and complications of eye surgery.

## Who can donate eyes?

- Eye donors could be of any age group or sex.
- People who use spectacles-diabetics, patients with high blood pressure, asthma patients and those without communicable diseases can donate eyes.

Persons with AIDS, Hepatitis B and C, Rabies, Septicaemia, Acute leukemia (Blood cancer), Tetanus, Cholera, and infectious diseases like Meningitis and Encephalitis cannot donate eyes.

# Your role in eye donation

By deciding to donate eyes, you give someone the most precious gift of "a chance to see".

You can help by:

- Pledging your eyes and encourage your family members to donate as well
- Being a member of the eye donation centre
- Calling the nearest eye bank immediately when a death occurs in the family
- Motivating friends and relatives of the deceased to donate eyes
- Monetary support to the patient or to the Eye Bank.

## Facts about eye donation

- Eyes can be donated only after death
- Eyes must be removed within 4 6 hours after death
- Eyes can be removed by a Registered Medical Practitioner only.
- The eye bank team will remove the eyes from the home of the deceased or from a hospital
- Eye removal does not delay the funeral since the entire procedure takes 20-30 minutes only
- A small quantity of blood will be drawn to rule out communicable diseases
- Eye retrieval does not cause disfigurement
- Religions are for eye donation
- The identities of both the donor and the recipient are kept confidential

# Important points

(to donate eyes, the following procedures should be done by the relatives of the deceased)

- Close the eye lids of the deceased
- Switch off the fan
- **Raise the head** of the deceased slightly by placing a pillow underneath
- In the event of death contact the nearest eye bank as quickly as possible.

- Give the correct address with specific landmarks and telephone number to enable the eye bank team locate the place easily
- If the death certificate from the physician is available, keep it ready
- Eye donation can be done only with the written consent of the next of kin in the presence of two witnesses

# What happens after eye donation?

- The donor's family receives a certificate of appreciation from the eye bank
- The eyes are taken to the eye bank and evaluated by a trained eye bank staff
- Tests are carried out and the tissue is sent to the corneal surgeon
- The waiting list is referred and the recipient is called for corneal transplant
- Corneal transplant is performed
- Periodic follow-up of the recipient is done over time to ensure that the graft is successful

# What is an eye bank?

An eye bank is a non-profitable social organisation managed by a Medical director, Administrator and Technicians. It collects, processes and distributes the donor cornea.

# Functions of the eye bank

- Availability of trained staff round the clock to attend the calls
- Evaluate and provide quality corneas to corneal surgeons
- Enable corneal research using eyes unsuitable for grafts, to find newer techniques, improve preservation methods and train corneal surgeons
- Increase public awareness about eye donation and eye banking

- Train doctors in eye removal procedures
- Develop and establish a network of eye donation centres

# List of eye banks in Tamil Nadu with address and telephone numbers

#### Madurai

- Rotary-Aravind International Eye Bank Aravind Eye Hospital & Postgraduate Institute of Ophthalmology

   Anna Nagar, Madurai 625 020.
   Phone: 0452-5356100 (5 Lines)
- 2. Madurai Medical College, Madurai, Phone: 0452-2532539

#### Tirunelveli

1. Aravind Eye Hospital, 1, S.N. High Road, Tirunelveli Jn.-627 001; Phone: 0462-2337103.

#### Coimbatore

- 1. Aravind Eye Hospital, Avinashi Road, Coimbatore, Phone: 0422-2578901 (5 Lines)
- 2. Coimbatore Eye Bank, M.G. Eye Hospital, Coimbatore 641 001. Phone: 0422-2397274
- 3. K.G. Eye Hospital Eye Bank, Arts College Road, Coimbatore 641 018, Phone: 0422-2212121
- 4. Sankara Eye Society Eye Bank, R.S. Puram, Coimbatore 641 002, Phone: 0422-2666450

#### Chennai

- 1. Sankara Netralaya Eye Bank, 18 College Road, Chennai 600 006, Phone: 044-28271616
- 2. Government Ophthalmic Hospital, Chennai-600 008 Phone: 28554540
- 3. Lions Eye Bank Trust, Chennai. Phone: 044-28553840
- 4. Agarwal Eye Institute and Research Center, Chennai, Phone: 044-28273704

#### Trichy

- 1. Joseph Eye Hospital, Trichy, Phone: 0431-2462275
- 2. A.G. Eye Hospital, Trichy Phone: 0431-2766101

#### Vellore

1. Schell Eye Hospital, Christian Medical College, Vellore, Phone: 041-6232921

# Say Yes to Eye Donation!

Eye Donation shows your responsibility to society as a caring, committed citizen.

Your attitude makes a world of difference . . .

Your decision offers a vision of hope.

DONATE YOUR EYES AND Give someone the gift of sight



### ------ Rotary-Aravind International Eye Bank 🚛

MEMBER, INTERNATIONAL FEDERATION OF EYE BANKS . (MEMBER EYE BANK ASSOCIATION OF INDIA)

Aravind Eye Hospital & Postgraduate Institute of Ophthalmology 1, Anna Nagar, Madurai - 625 020, Tamil Nadu, India Phone: 0452-535 6100, Fax: 91-452-530 984 Email: eyebank@aravind.org

## www.aravind.org

#### Brochure/Eyebank/Eye bank Eng.pmd (08/2004)

# Eye Donation and You

# Rotary Aravind International Eye Bank